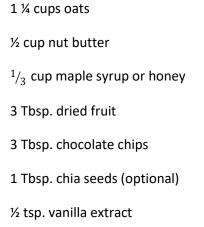
Energy Bites



Add oats, nut butter, maple syrup or honey, dried fruit, chocolate chips, chia seeds, and vanilla extract to a bowl and stir to combine. Refrigerate for 30 minutes to make the mixture easier to roll.

Using clean hands (or wear gloves) roll into balls approximately 1 Tbsp. each.

Store in an airtight container in the refrigerator for up to 2 weeks.